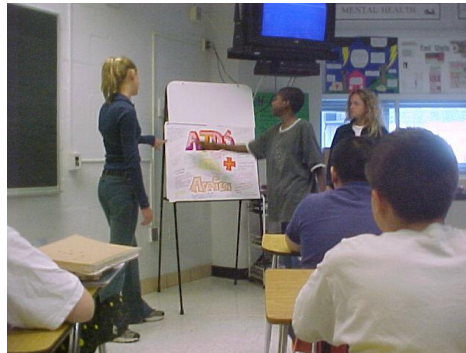


Family Life Education Parent/Guardian Information Meeting



Family Life Education (FLE)

MISSION

- To ensure **ALL** students learn and thrive in **safe, healthy, and supportive learning environments**

VISION

- To be an **inclusive** community that empowers all students to foster their dreams, explore their possibilities, and create their futures



Family Life Education

Arlington Public Schools, in accordance with the State of Virginia mandate, has developed a comprehensive, sequential, age-appropriate K-10 Family Life Education curriculum.

The Family Life Education Program will assist students to:

- Develop positive self-concepts and respect for others
- Form and maintain strong relationships with family and community
- Develop self-esteem, self confidence, and responsibility



APS Family Life
Education PIM &
Policy (1-7.1-8)



Family Life Education



The Virginia Department of Education has informed school divisions that the decision to offer Family Life Education (FLE) virtually or remotely is determined by the school system.



FLE Scope & Sequence

Criteria to Develop Scope & Sequence

- Based on standards
- Based on local data
- Essential knowledge and skills for a healthy life
- Science based knowledge
- Requirement of previous knowledge
- Impacts safety
- Legal implications
- Involves values, moral and choices that support healthy decisions
- Self-management/ decision-making



FLE Scope & Sequence

- ▶ Mental health education and awareness
- ▶ Family living and relationships
- ▶ Dating violence
- ▶ The prevention of human trafficking
- ▶ Human sexuality
- ▶ Human reproduction
- ▶ The value of postponing sexual activity/ abstinence education
- ▶ The etiology, prevention, and effects of sexually transmitted diseases
- ▶ The benefits of adoption as a positive choice in the event of an unintended pregnancy

Grade Level Objectives & Descriptive Statements

- For grade specific FLE objectives and Descriptive Statements, see the APS website (Department of Teaching and Learning, under Health and Physical Education Programs)

OR

- Contact your child's teacher

OR

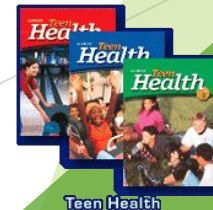
- Contact APS Health and Physical Education Office

deborah.defranco@apsva.us

703-228-6165

Instructional Delivery

- Elementary students receive family life education instruction during health education delivered by their classroom teacher or other trained staff
- Secondary students receive family life education instruction during health education delivered by the health and physical education teacher or other trained staff
- Teachers receive annual training in FLE content
- Family Life Education materials (curriculum guides, lesson plans, textbooks, print and non-print materials) are available for parents/guardians to review (please ask your child's teacher)



Instructional Strategies

Teachers and staff who deliver the Family Life Education curriculum use developmentally appropriate lesson plans that recognize the sensitive nature of the content. Examples of instructional strategies are:

- Small group instruction
- Guest speakers
- Healthcare professionals
- Question box activity
- Independent work
- Role play
- Journals



Resources:

- APS Family Life Education PIM and Policy (I-7.1-8)
- APS Family Life Education Objectives
- VA Department of Education Family Life Education Standards of Learning
- Centers for Disease Control and Prevention
- National Institute of Health (NIH)
- National Geographic
- INOVA Health
- Safe Dates

Resources:

- Project PEACE (Partnering to End Abuse in the Community for Everyone)
- World Without Exploitation
- Virginia Health Smart
- Teaching Tolerance
- Gay, Lesbian & Straight Education Network (GLSEN)

Resources:

- Safe Dates
- American Academy of Pediatrics
- Arlington Teen Health Clinic
- Human Rights Campaign
- Love is Respect

Opt-out Procedure

- The Family Life Education program is not intended to conflict with family values and behavioral norms.
- The opt-out policy is a process that allows parents/guardians to exempt their child from a specific objective(s).
- Families wishing to opt-out their child(ren) should complete the opt-out form that is found on the APS website.

Opt-out Procedure

- Return the completed form to the student's classroom teacher, counselor or school's principal.
- Teachers will provide an alternative health assignment for students who opt-out of an objective(s).
- The students will complete the assignment in another location in the school.

Please check with your child's
teachers for information on
Family Life Education

Thank You